



## Work - Life Balance

It's about a time



"Arthur Carmazzi's Directive Communication is one of the best transformational courses I have attended. It has many practical applications and interactive exercises that scientifically illustrate how we can improve results and performance. Using this makes a big difference to motivate yourself and continually influence the behavior of the organization. I would recommend this to anyone wanting to make a difference."

Lance Tay  
Deputy CEO  
John Hancock Life Assurance

### Savitri Iyer

With 10 years of experience in banking and 15 in senior management at Reuters, Savitri developed highly energetic and productive teams throughout Asia. Departments across the region coveted Savitri's almost supernatural ability to transform their teams into happy, fulfilled and motivated workforces. To enhance her management skills, for 5 years Savitri became immersed in researching new technologies in human development. She discovered and studied the latest methods for rejuvenation of the mental, emotional, and physical balances that create superior attitudes at work and at home.



**"The Corporate Doctor"**  
Renowned Work - Life  
Balance and Corporate  
Wellness Expert

## Overview

- ✎ Work Life balance is about creating an environment where there is less conflict, less stress, more creativity and a greater ability to solve problems.
- ✎ An environment that promotes personal growth and develops group competency and loyalty.
- ✎ It is about integrating life at work and outside of work to bring out the best in ourselves and others around us.
- ✎ It is about cooperation and not competition.

## Objectives & Outcome

**A successful participant of this course will be able to:**

- ✎ How the color of you brain can determine your team role
- ✎ How super decisions can be made through teams with "Colored Brains"
- ✎ Bringing out the best in team members through understanding their brain color
- ✎ Communicating the incommunicable, getting people to express their thoughts and feelings
- ✎ Creating respect for each other, the foundation to greatness.



### Who Should Attend:

CEOs, Team Leaders, Managing Directors, Senior Managers, Directors, Department Heads, Managers, Consultants, Supervisors and High Potentials, project managers, brand managers, complete project and management teams, consultants, and groups of front line staff

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